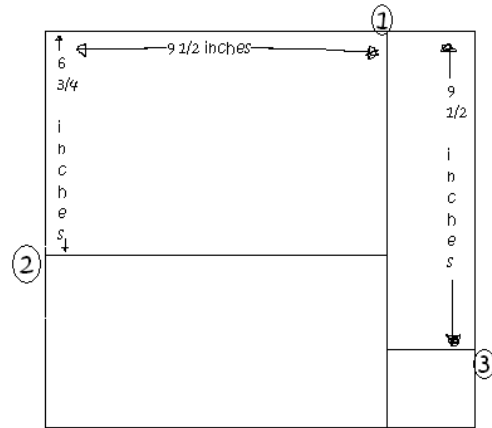


# Custom Journals or Notebooks

## Needed:

1 composition book  
1 12" square sheet scrapbook paper  
extra coordinating paper scraps and strips (about 1/2 sheet)  
14" ribbon (1/8 – 1/2 inch)  
12" black elastic (1/4 inch)  
2 eyelets (3/16 inch)  
brads or other embellishments as desired  
sewing machine  
eyelet crimping tool (such as a Crop o Dile)



## Instructions:

1. Cut 12 x 12 scrapbook sheet as shown:
  - a. Cut at 9 1/2 inches.
  - b. Cut again at 6 3/4 inches.
  - c. Cut 1<sup>st</sup> scrap again at 9 1/2 inches.
2. One piece will cover composition book perfectly. The other side will be pieced, and covered with a strip of coordinating paper.
3. Plan to decorate and embellish each cover (one for the front, and one for the back) with strips of coordinating paper.
4. Sew strips in place on paper only. Add embellishments as desired.
5. Round off corners with scissors to match book.
6. Lightly glue covers to book.
7. Slip end of ribbon between book and back cover close to the binding at the top.
8. Sew covers to book with zig zag stitch all the way around, back stitching over ribbon and at start and end.
9. Punch 3/16 inch holes in back cover at top and bottom about one inch from side and 1/2 inch from top or bottom.
10. Insert an end of the elastic into one hole, with the raw end to the inside of book. Push eyelet through the same hole, holding elastic toward the top or bottom edge of book. Crimp. Repeat in other hole.

