

Banana Nut Muffins

- 2/3 cup shortening
- 1 cup sugar
- 4 eggs
- 3 ½ cups flour
- 2 tsp. baking powder
- 1 tsp. baking soda
- 1 tsp. salt
- 7 very ripe bananas
- 1 cup chopped walnuts

Cream together shortening and sugar. Add eggs. Add baking powder, soda, and salt. Add bananas. Mix well. Stir in flour and nuts. Spoon into lined muffin tins, filling 2/3 full. Bake at 350°F for 18-20 minutes.



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